# Jandoori Lizzlers

Tandoori sizzlers are marinated in sauces with delicate herbs & an exotic mixure of spices for a few hours before being cooked in the tandoor. This method of cooking is an ancient art, handed down through many generations and is a speciality of our chefs. All tandoori dishes are garnished with strips of capsicum, onions and served on a sizzling platter with salad & vegetable curry sauce. Chips, nan and rice are not included in the price.

	7	
	<b>Sheek Kebab</b> Mince meat mixed in herbs & spices then cooked on a skewer in the tandoor	£11.50
	Sheek Kebab Shashlick	£11.95
	Mince meat mixed in herbs & spices then cooked on a skewer in the tandoor. Served with grilled tomatoes, onions & mix pepp	ers
	<b>Tandoori Chicken</b> Tender half spring chicken on the bone	£11.50
	Chicken Tikka Succulent pieces of chicken	£11.50
V	Paneer Tikka Indian cheese marinated in herbs & spices cooked in tandoor.	£11.50
	Garlic Chicken Succulent pieces of chicken breasts marinated in a special garilc sauce	£11.50
	Lamb Tikka Prime boneless pieces of lamb	£13.50
V	Paneer Tikka Shashlick Paneer tikka with grilled tomatoes, onions & mix peppers	£11.95
	Fish Tikka Prime pieces or fish marinated in tikka sauce	£11.95
	Chicken Shashlick Very tender pieces of boneless chicken served with grilled tomatoes, onions & mix peppers	£11.95
	<b>Lamb Shashlick</b> Prime pieces of lamb served with grilled tomatoes, onions & mix peppers	£13,95
	<b>Fish Shashlick</b> Boneless pieces of fish served with grilled tomatoes, onions & mix peppers	£12,50
	<b>Tandoori Mix</b> Tandoori chicken, chicken tikka, lamb chops, garlic chicken, sheek kebab & lamb tikka	£15.95
	Lamb Chops Tikka Prime pieces of lamb on the bone	£15.95
	Salmon Tikka Cubes of salmon marinated in a Indian sauce and gently barbequed	£15.95
	<b>Lamb Chop Shashlick</b> Lamb chop tikka with grilled tomatoes, onions & mixed peppers	£16.50
	Tandoori Cocktail	£16.95
	Tandoori chicken, chicken tikka, lamb chops, garlic chicken, sheek kebab & lamb tikka, garnished with brandy & mushroom:	ŝ
	<b>Tandoori King Prawns</b> King prawn pieces delicately marinated in herbs & spices cooked in the tandoor	£18.95
	<b>Tandoori King Prawn Shashlick</b> King prawn with grilled tomatoes, onions & mix peppers	£19.50

# Biryani Dishes

Biryani is a traditional Indian dish, prepared with flavoured Basmati rice a mixture of special spices, almonds & sultanas in ghee. Served with a vegetable curry sauce & omelette.

Vegetable Biryani 🕡 🕡	£12.50	Paneer Biryani (Indian cheese)	<b>() ()</b> £12.50
Chicken Biryani 🕡	£12.50	Chicken Tikka Biryani 🚯	£13.50
Lamb Biryani 🕡	£13.95	LambTikka Biryani 🕡	£14.95
Special Mixed Biryani	£17.95	Prawn Biryani M	£12,50
Chicken tikka, lamb tikka, king prawn stir-fried v cashew nuts, saffron & coriander. Served wit		King Prawn Biryani 🕥	£18.95

# fnglish Dishes

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The following	are served	1 With chins	neas X, salad

Fried Scampi	£10.95
Omelette	£10.95
Plain/Chicken/Prawn/Mushroom	
Chicken Nuggets	£10.95

Traditional Dishes

For a house speciality curry, first choose your filling, Will it be succulent breast of chicken, prime chunks of lamb. prawns or non meat options? Then choose the style you would like the chef to prepare your filling. Chips, nan and rice are not included in the price.

nicken	£10.50	Fish	£10.95
mb	£11.50	Lamb Chops	£14.50
eema (Lamb mince)	£11.50	King Prawn	£16.95
awn	£10.50	Tandoori King Prawn	£17.50
nneer (Indian cheese)	£10.50	Special mix	£13.95
nicken Tikka	£10.95	(Chicken, Lamb, Prawns & Mushrooms)	
mb Tikka	£11.95	Vegetable or Mushrooms	£10.50

#### Passanda 🥕 🚯

Cooked in mild spices with fresh cream, red wine & almond powder to form a rich creamy sauce

### Massala 🥕 🕥

Cooked in unique mild creamy tandoori sauce with fresh cream, yogurt & mixture of spices

#### Balti 🥢

Cooked writh onions, garlic, ginger capsicum, tomatoes & special balti sauce to provide a dish of medium strength & dry consistency, garnished with coriander

#### Karahi 🥢

Cooked with a special mixture of herbs & spices, green & red peppers including onions, garlic, ginger & tomatoes. A strong flavour of fresh coriander

#### Jalfrazi

A combination of spices fried together with fresh onions, green pepper & green chillies

#### Saagwala 🥢

Spinach prepared with garlic, ginger & tomato in a medium herb & spicy sauce. A dish of dry consistency

Chana Massala // 0 Cooked with exotic medium spices with chickpeas &

### garnished with roasted cashew nuts & onions

Cooked mainly with fresh whole cloves of garlic, aromatic splices, onion seed, capsicum & fresh coriander. A dish of dry consistency

#### Mirchi Masala

Cooked with fresh ginger, green chillies & a touch of coriander. A very hot dish

#### Pathia ///

Lightly chopped onions in a thick dark red sweet & sour sauce, a hot dish with a distinctive aroma, garnished with coriander

### Vindaloo ////

Related to the madras but involving a greater use of garlic, tomatoes., ginger & black pepper. It owes Its name & in parts its contents to the early Portugese settlers

#### Curry //

A mix combination of basic range of spices to give a medium

### Korma 🥕 🚯

A very mild dish prepared with fresh cream sultanas, coconut & almond flakes

#### Dhansak 🥕

Like the korma of Persian origin this is a mild dish. It derives a piquent richness from its blend of spiced oil with garlic. pineapple & milk

#### Bhuna 🥢

A combination of spices fried together to provide a dish of medium strength and rather dry consistency as compared to the basic curry

#### Dupiaza 🥢

A method of preparation specially suitable for meat or chicken which is briskly fried with fresh onions, green pepper, coriander, cinnamon, bay leaves & cardamons

#### Rogan Josh 🥢

Here the charisma of the dish is derived from the use of tomatoes, pimentos & onions, fried in spiced oil in a manner which produces a dish of medium strength yet spicier

#### Methi 🥢

Dish cooked mainly with fenugreek leaves & spices, medium consistency in a dry sauce

#### Madras ///

A southern Indian version of the dish round in Central & Eastern India having a greater proportion of tomato puree & those spices which lend a fiery taste to its richness

#### Samber ///

A hot, spicy dish based on the use of lentils with fresh lemons and fresh spices, to give a sharp palatable flavour

### Ceylon ///

Traditional Sri Lankan dish cooked with strongly flavoured spices & an abundance of ground coconuts, garnished with

### SYMBOLS & CHILLI KEY GUIDE:























any Curry Sauce Sombay Aloo	£5.50 £6.50	<b>Chana Massala</b> Chickpeas cooked with tomatoes, onions, ginger & g	<b>£6.5</b> (
otatoes cooked in a fairly hot sauce		Chana Aloo	£6,50
Saag Bhaji	£6.50	Chickpeas cooked together with potatoes	
resh spinach cooked with onions, tomatoes, ginger	& garlic	Aubergine Bhaji	£6,50
Mushroom Bhaji	£6,50	Aubergine cooked with onions, ginger & garlic with s	pices
Mushrooms cooked with onions, tomatoes, ginger 8	garlic	Tarka Dhal	£6,50
Saag Aloo	£6,50	Lentils flavoured with extra garlic	
pinach & potatoes, tomatoes cooked with onions		Fried Mushroom	£6.50
auliflower Bhaji	£6,50	Mushrooms & onions fried in ghee	
auliflower cooked with onions, ginger & garlic		Saag Paneer	£7,50
lixed Vegetable Bhaji	£6.50	Spinach cooked together with Indian cheese	
fixed vegetables cooked with onions, ginger & garli	ic	Matter Paneer	£7,50
vith a touch of mixed spires		Garden peas cooked together with Indian cheese	
loo Gobi	£6,50	Chicken Bhaji	£7,50
otatoes, cauliflower cooked with onions, ginger & g	garlic	Stir fried cubes of chicken cooked in olive oil with	
loo Methi	£6,50	onion, herbs & spices	
otatoes cooked with fenugreek leaves		Meat Bhaji	£8,50
Shindi Bhaji	£6.50	Stir fried cubes of lamb cooked in olive oil with onic	ons.
Okra cooked with onions, tomatoes, ginger & garlic		herbs & spices	

# Lundries

Boiled Rice Pilau Rice Special Rice Basmati rice fried with onions, cash almonds & saffron Tropical Fried Rice Onion Pilau Egg Pilau Mushroom Pilau	£3.75 £3.75 £3.75 £3.75	Keema Pilau Garlic Pilau Plain Nan Cheese Nan Garlic Nan Peshwari Nan Keema Nan Onion Nan Tandoori Roti	£3.75 £3.75 £3.15 £3.75 £3.75 £3.75 £3.75 £3.75 £3.75	Chilli & Coriander Nan Vegetable Paratha Chapati Garlic Chapati Chips Spicy Chips Wedges Puri Bread Side Salad Raitha	£3.75 £3.75 £1.50 £1.75 £3.15 £3.75 £3.15 £1.25 £2.25
Mushroom Pilau Vegetable Pilau	£3.75 £3.75	Tandoori Roti Paratha	£2.95 £3.15	Side Salad Raitha	£2,25 £2,25
Peas Pilau	£3.75	Aloo Paratha	£3.75	Plain/cucumber/onion/tom	

# Set Meals

### SUNDAY FAMILY BUFFET 2pm - 6pm

Poppadoms, mixture of starters. Selection of curries (mild to hot) Nan and Pilau Rice CHILD: £11.95

**ADULT: £16.95** 

Eat as much as you like

All food for this meal must be consumed within the Blue Bay restaurant

### MEAL FOR 2 £44.95

Poppadoms & Chutney selection, Chicken Pakora, Onion Bhaji Chicken Tikka Massala, Lamb Rezalla, Saag Aloo, Vegetable Fried Rice, Plain Nan.

### MEAL FOR 4 £85.95

Poppadoms & Chutney selection, Sheek Kebab, Broccoli Pakora, Meat Samosa, Chicken Tikka, Chicken Bhuna, Lamb Balti, Chicken Tikka Massala, Prawn Jalfrezi, 2 Saag Aloo, 2 Vegetable Pilau Rice, 2 Plain Nan.

### ANY EXTRA TOPPING OR FILLING £0.50 EXTRA

#### PLEASE INFORM A MEMBER OF STAFF IF YOU SUFFER FROM ANY FOOD ALLERGIES OR INTOLERANCES.

Please note: Some dishes may contain traces of nuts or bones. The management reserves the right to refuse service without any explanation.







www.bluebayrestaurant.co.uk

FREE HOME DELIVERY on orders over £17.00 with in 3 miles.

**FOOD HYGIENE RATING** 

0 1 2 3 4 5

## **OPENING HOURS**

Mon - Thurs: 5.00pm - 11.00pm - Fri - Sat: 5.00pm - 11.30pm Sun: 2.00pm - 10.30pm Open all bank holidays

Free bottle of Indian Beer on orders over £25.00. Collection Only

0161 773 4743 0161 773 3657

> 56-58 BURY OLD RD WHITEFIELD MANCHESTER M45 6TL

### About t

Each dish that is prepared at Blue Bay has its own distinctive flavour & aroma whichcan not be gained from the use of curry powder. We use the finest ingredients, prepared uniquely and individually for each dish. These are sculptured by our expert chefs, creating cuisine that is truly authentic. The aromas and taste that is produced from the fusion of these premium ingredients results in a meal you will not find elsewhere.

It is a great myth that all Indian cuisine is extremely hot and spicy. Many of the dishes that are available, such as Massalas, Kormas and Passandas are very mild. These can be enjoyed by those with a delicate palate or those who are not accustomed to highly spiced food.

We trust that you will find a dish from the wide selection available that appeals to you. However, if you have a particular favourite which is not on extensive menu or would like to amend the strength or ingredient of a dish, please feel free to ask member of our courteous staff. We also cater for ar special requirements such as low fat dishes.

# Appetisers

Plain Poppadom	£0.75	Chutney Tray	£2.50
Spiced Poppadom	£0.85	(Red onions, mixed pickle, mint sauc	e, mango chutney)
	Stat	rters	

The starters listed below are all of medium strength & are designed to wet your appetite for the main course to come. They are all served with fresh salad,

# Meat & Chicken Specialities

Chicken Chat Puri

Chicken Saag Puri

flaky unleavened bread

Lamb Shashlick

cooked In the tandoor

Chilli Fry Chicken

**Lamb Chop Tikka** 

cooked In the tandoor

Mixed Kebab

Hot Spice Mix

peppers, onions, tomatoes,

Chicken Shashlick

green peppers, onions, tomatoes, cooked in the tandoor

**Meat Stuffed Bombay Skins** 

spices with onions, peppers and chilli

**Stuffed Pepper with Keema** 

Lamb tikka, chicken tikka & sheek kebab

& green chillies, garnished with coriander

Spring lamb chops, mix peppers, onions, tomato

marinated in herbs and spices cooked in tandoor.

Lamb Chop Shashlick

Grilled peppers with filling of spicy minced lamb

Spring lamb chops marinated in herbs & spices then

Chicken tikka, lamb tikka stir-fried with onions, peppers

potato skins with cheese topping

deep fried, flaky unleavened bread

Chicken cooked with herbs & spices, served on a

Finely diced tender pieces of chicken & spinach cooked in herbs & spices, served on a deep-fried

Succulent chicken pieces marinated in herbs & spices.

Strips of lean lamb diced & marinated in herbs &. spices,

Diced lamb tikka cooked with herbs and spices served on

Chicken coated in egg and gram flour, stir fried with light

£5,25

£5.25

£5,25

£5,95

£5.95

£5.75

£5,95

£7.25

£6,95

£6.95

£7,50

Orear & C	_nlc
Meat Samosa	£4.25
Triangular deep fried pastry with lightly spiced mir	iced
lamb & fresh garden peas	
Chicken Cheese Samosa	£4.75
Chicken, potato & cheese lightly spiced in a tortilla	apastry
Shami Kebab	£4.75
Spiced minced meat flattened & shallow fried	
Sheek Kebab	£4.75
Minced meat mixed in spices & herbs then cooked	on
a skewer in the tandoor	
Tandoori Chicken	£4.75
Chicken on the bone marinated in herbs & spices tl	nen
cooked in the tandoor	
Chicken Tikka	£4.75
Diced chicken marinated in herbs & spices	
cooked in the tandoor	
Spicy Chicken Wings	£4.75
Chicken wings marinated in spicy sauce, cooked in	tandoor
Chicken Pakora	£4,75
Chicken tikka lightly coated in gram flour batter	
& deep-fried	
Garlic Chicken	£4.75

Strips of lean lamb diced & marinated In herbs & sp	oice
cooked In the tandoor	
Reshmi Kebab	£4.7
Spiced minced meat in egg, shallow fried	
Chicken Chana Chat Puri	£5.2
Finely diced tender pieces of chicken & chickness	

Pieces of chicken breast marinated in a special garlic

sauce cooked in the tandoor

**Lamb Tikka** 

Finely diced tender pieces of chicken & chickpeas, cooked in herbs & spices. Served on deep fried, flaky unleavened bread.

# Vegetarian Specialities Starters

Our expert chefs take great care to ensure that all our excellent vegetarian dishes are scrupulously prepared separately from meat dishes, ensuring you can enjoy your vegetarian dishes with confidence.

Onion Bhaji	£4.25	Tandoori Mushrooms	£4.2!
Spiced round deep fried onion fritter		Mushrooms marinated in herbs and spices then	
Fetta Cheese Roll	£4.25	cooked in tandoor	
- etta cheese & onion deep fried pastry		Saag Paneer Puri	£5.2!
Vegetable Samosa	£4,25	Spinach &. Indian cheese cooked with special herbs	8
Friangular crispy deep fried pastry with vegetable	filling	spices served on a deep-fried unleavened bread	
Mushroom Pakora	£4,25	Paneer Tikka	£4.7
Spiced round deep fried mushrooms and onions		Indian cheese marinated and cooked in tandoor	
Paneer Pakora	£4.75	Mixed Starter	£6.2
ndian cheese lightly coated In gram flour batter 8	deep fried	Onion bhaji, vegetable samosa, mushroom pakora	
Aloo Chana Puri	£5.25	Stuffed Bombay Skin	£5.7
Potato & chick peas cooked with special herbs & s Served on a deep-fried, flaky, unleavened bread	spices.	Spinach and Indian cheese cooked in spices, herbs a served in potato skin	and
Vegetable Chat Puri	£5,25	Stuffed Peppers with Vegetables	£5.7
Vegetables cooked with special herbs &. spiced.		Grilled pepper with a filling of sightly	
Served on a deep-fried, flaky unleavened bread		spiced vegetables	
Garlic Mushroom Puri	£5.25	Broccoli Pakora	£4.2!
Mushrooms cooked in special herbs & spices with		Lightly spiced coated in gram flour batter	
reshly chopped garlic served on a deep-fried,		& deep fried	
Tales upleased broad			

# Sea Food Specialities Starters

£5.25	Salmon Tikka	£7.95
		£5,95
£5.25		
uce	Bangla Maas Biran	£6.25
£5.75	Fish fillets marinated & lightly spiced. Fried with onions & served with fresh salad	
d	Salmon Tikka Shashlick	£8,25
£5,75	Salmon, onions, tomato & mix peppers marinated in	
	herbs and spices then cooked in tandoor	
	King Prawn Puri	£8.95
£5.75	King prawns cooked with herbs & spices, served on	
		£8.95
£6.25		£0,93
	cooked in the tandoor	
	King Prawn Shashlick	£9,25
£6.95		
	peppers, onions and tomato cooked in the tandoor	
	£5.25 uce £5.75 £5.75 £5.75	Salmon marinated in herbs, spices & cooked in tande  Garlic Fish Puri  Fish cooked in garlic, herbs & spices, served on a flat deep-fried unleavened bread  Bangla Maas Biran  Fish fillets marinated & lightly spiced. Fried with onions & served with fresh salad  Salmon Tikka Shashlick  Salmon, onions, tomato & mix peppers marinated in herbs and spices then cooked in tandoor  King Prawn Puri  King prawns cooked with herbs & spices, served on a deep fried, flaky unleaven bread  King Prawn Tandoori  King prawn delicately marinated in herbs & spices cooked in the tandoor  King Prawn Shashlick  King prawn Shashlick  King prawn marinated in herbs & spices with mix

### MIXED PLATTER FOR 2 £14.95

Tandoori Mushrooms, Garlic Chicken Sheek Kebab, Fish Pakora, Lamb Tikka

# Chef's Signature Dishes

A selection of dishes that have been created by our chefs for you to enjoy. Why not try one of these dishes with confidence. Chips, nan and rice are not included in the price.

Chicken or Lamb Tikka Nawabi ∕N	£12.95
Cooked in a creamy almond sauce with nuts, spices, cheese & fresh cream in pure ghee with a touch of Tia Maria.	
Balti Makhani Chicken or Lamb Tikka 🖊 🚺	£11.95
Succulent pieces of chicken or lamb cooked with onions, almonds, cashew nuts, pistachio & fresh cream. The addition of our unique balti sauce is the true secret behind this main course.	
Nepalese Chicken or Lamb Tikka ///	£11.95
Cubes of chicken or lamb cooked in an exotic mix of spices, red & green peppers, tomatoes, green chillies & with a special Nepalese chilli sauce. A highly recommended dish.	
Afghan Chicken or Lamb Tikka	£11.95
Cubes of chicken or lamb stir-fried with ginger, garlic & onions, red & green peppers & green chllies gives this dish a colourful appearance. Watch for the strings in the tail!	
Balti Shaan Chicken or Lamb Tikka	£11.95
Your choice of filling marinated & cooked in our tandoor. This is then transferred to a pan combined with	
our balti sauce, green chillies & our own herbs & spices. A unique dish you will not find anywhere else.	
Balti Garlic Chilli Chicken Tikka or Lamb Tikka	£11.95
Tender pieces of tikka cooked with our balti sauce containing our own herbs & spices with a greater use of garlic & green chillies & resulting in a dish of dry consistency.	
Pathiwala Chicken or Lamb Tikka	£11,95
Pieces of chicken or lamb cooked over charcoal & added to a delicious blend of roasted spices,	£11.93
coriander, garlic & yoghurt.	
Rezalla Chicken or Lamb Tikka	£11.95
A combination of herbs & spices cooked with marinated chicken or lamb in a rich tomato sauce &	
fresh bullet chilli & onions.	
Chef's Khazana	£12,95
Breast barbecued chicken tikka with meat balls cooked in garlic, ginger, special exotic spices and a balti style	
topping, garnished with coriander and exotic lime.	
Sha-he Shofri Chicken or Lamb Tikka	£11.95
This is a fairly hot dish, with a sweet & sour taste, cooked with orange lentils, green chillies, garlic, ginger, coriander & ground spices leading it a rich consistency.	
Akbari Chum Chum / 🕖	£12,95
This dish Is unique in its taste & preparation. A breast of tandoori chicken is Initially prepared in the clay oven,	
while the base of the curry takes its form with minced lamb spices, sultanas & sliced almonds all of which gives the dish its distinctive flavour the breast of chicken are expertly combined by our chef giving it a	
very dry consistency.	
Chicken & Cheese Kofta 🗡	£12.95
Boneless chicken marinated in lightly spiced yoghurt with herbs & spices, then cooked in the tandoor.	212,55
This is then added to a unique aromatic curry sauce along with meat balls (kofta) & cheese. A unique	
& individual dish. A very popular dish with our guests.	
Shazani Chicken or Lamb Tikka 👭	£11.95
A special blend of Chef's spices cooked with onions, peppers, mango chutney and tamarind sauce.	
Chicken Tikka Mazedaar 🖊	£11.95
Literally meaning "Delicious", this dish is cooked with finely chopped onions, our chef's 5 spice mix and	
tomato sauce giving this dish a smooth texture and mild flavour. Medium strength and consistency.	
Acharee Chicken or Lamb Tikka	£11.95
Cooked in a spicey tangy sauce with mixed pickles, green chillies, garnished with coriander.	644.05
Honey Baddam Chicken or Lamb Tikka / (1)	£11.95
Mild curry cooked with cashew nuts, coconut and honey in a mild creamy sauce.	C11 0=
Sylheti Dhaniya Chicken or Lamb Tikka	£11.95
Small diced cubes of tikka cooked with spring onions, coriander in selected herbs & spiced, topped with a cucumber & a lemon, green chilli.	
Naz's Special	£12,95
Cubes of chicken tikka cooked together with keema and spinach with a few green chillies and coriander in a	

medium hot spice. (Watch out for green chillies).

# Chef's Signature Dishes

these dishes with confidence. Chips, nan and rice are not included in the price.

Tom's Special Tandoori chicken deboned cooked with keema with a touch of masala sauce in a medium spices.

Blue Bay Special Tandoori chicken deboned cooked with keema with a touch of masala sauce in a medium spices.

E14.95

Chef's special mixture of meat & chicken, lamb chops, king prawn marinated together cooked with roast spices.

Highly recommended dish by our chef

Flaming Rajma Chicken or Lamb Tikka

£14.95

This is another of our signature dishes which is fairly hot. Its unique preparation consists of diced chunky onions, sliced red capsicum, garlic, ginger, green chillies, plum tomato fenugreek & ground spices. All of which creates a rich consistency. It is then served on a sizzling plate. Brandy is then drizzled over the top & set alight, generating a blue colour. One of the finest dishes on our menu.

Anarkali Chicken or Lamb Tikka

£13.95

This is another fairly hot dish consisting of succulent pieces of sliced meat then cooked with crushed red chillies, ginger, garlic, green & red peppers, coriander gives this dish a dry consistency. Once again similar to the

Balti Exotica 

Chicken tikka, lamb tikka and chicken tandoori (on the bone) cooked together with Chef's special herbs and spices. Cooked with spring onions, mix peppers in a sauce. Highly recommended.

Lamb Shank Special 

£14.95

Tender lamb shank, choose your sauce and strength from mild to very hot. (If not mentioned how hot we will cook it in a Bhuna style medium strength).

# Reafood Rignature Dishes

This section of healthy main courses have been painstakingly crafted by our head chef. They include mouth--watering imported Bangladeshi fish & more traditional varieties such as salmon. Chips, nan and rice are not included in the price. We invite you to try one of these mouth-watering dishes - you won't be disappointed!

£12.95

£17,95

**Zinga Fish**Diced white freshwater fish cooked in fresh herbs and green beans in a lightly spiced sauce garnished with coriander and exotic lime. Medium to hot flavour.

Rong Puri Chilli Fish

£12.95

Cubes of white ayre fish (Bangladeshi Fish) primarily cooked in a clay oven marinated with several ground spices then finished in the pan

with green chillies, ginger, garlic, spring onions and a selection of freshly ground medium to hot spices. A delicious dry and spicy dish. **Salmon & Tomato Salsa**£15.95

Salmon steak spiced with the tangy flavours. The steak is barbecued, served with tomato sauce and a side dish of Bombay pototoes.

Salmon Tikka Shashlick

£15.95

Cubes of salmon marinated in an Indian sauce & barbecued with baby corn cobs, tomatoes, peppers.

Served on a bed of salad and roshunee curry sauce.

Maas Biran // £12.95

Papeles: Fillet: of Papeli fish lightly existed fised in alive ail 9 then it is expliced with an abundance of exists towards.

Boneless Fillets of Bengali fish, lightly spiced, fried in olive oil & then it is cooked with an abundance of onions, tomatoes garlic, ginger & fresh herbs. This choice of ingredients lends this exquisite dish anearthly robust & rich flavour. Served with chef's sauce.

**Salmon Chot-Putta**£15.95

Succulent steak of salmon marinated in hot tangy sauce. It is cooked on the grill whilst been periodically flavoured

with olive oil. It Is then transferred on to a bed of spiced, chickpeas. Served with madras sauce.

£17.95

Bangladeshi tiger prawns stir-fried in an exotic mix of spices with capsicum, spring onions, green chillies, fresh ginger, soya sauce, tabasco sauce & garnished with coriander

fresh ginger, soya sauce, tabasco sauce & garnished with coriander

King Prawn Spinach

Whole king prawns cooked in cumin, tumeric & chef's 5 spices, Served on a bed of spinach on a sizzling platter.